INTEGRATED LESSON PLAN

CONTENT AREA: ARTS AREA: LESSON TITLE: Imagine/Draw/Write

Writing Theater/Visual Arts

GRADE LEVEL: 1 DURATION: 45 Min

TEACHERS: Classroom Teacher plus Theater Teacher and/or Visual Arts Teacher

STANDARD AND ALIGNMENT

Content Area Standard(s)	Arts Standard(s)
Writing: W 1. 3. Write narratives in prose or	VA:Cr1.2.1a Use observation and
poem form that recount two or more	investigation in preparation for making a
appropriately sequenced events or	work of art.
experiences, include some details about what	TH:Cr2-1. a. Contribute to the development
happened or was experienced, use temporal	of a sequential plot in a guided drama
words to signal order where appropriate, and	experience (e.g., process drama, story drama,
provide some sense of closure.	creative drama).

BIG IDEA	ESSENTIAL QUESTION
Students will use various art techniques to	How does using your unique imagination
add more details to their writing.	create detailed writing?

21 st Century Skills	Key Vocabulary
Critical Thinking, Creative Thinking,	Details, sense memory, visualization, mind's
Collaborating, Communicating, Inform,	eye,
Literacy, Flexibility	

ASSESSMENTS: Formative Check list

VERTICAL ALIGNMENT:

Before Lesson	During Lesson	After Lesson
Students learn how to write a	Students will take part in a	Students will have tools to
story that includes	guided visualization, draw	create more detailed stories.
sequenced events and	what they saw and then	
details.	write the story of their	
	visualization.	

MATERIALS: Space for all students to lie down, meditation music, paper and drawing supplies.

STUDENT LEARNING OUTCOMES: Students will imagine and write sequenced detailed stories about a world, characters and events they imagine.

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PRE - ENGAGEMENT:

Tell the students that they will going on a personal journey today. State the expectations that everyone need to stay in their own space silently during the journey. It works best if you close your eyes and lay on your back.

FOCAL LESSON:

With students lying on their backs, go through the guided visualization using the theater skill of sense memory while playing relaxing music. Here is a sample:

Lie down on your back and close your eyes. We are not going to talk more make noise during this exercise. I know this can be difficult for some of you, but this works best when you close your eyes. Talking might distract others so please be respectful. When your eyes are closed just notice your breathing. You don't need to force your breathing, it just happens. As you are breathing imagine that every time you breathe in the air is going to every part of your body. Feel it go into your lungs...your head...your body...your right arm...your left arm...your right leg... It goes all the way to the tips of your finger tips and toes. Now feel the connection to floor. Every place that your body is connected to the floor

Now we are going to go into our mind's eye, deep into our imagination. We are going to journey to the amazing part of your imagination. Every place that your body is connected to the floor Imagine that roots grow from these places. These roots grow through the floor, into the earth, down deeper and deeper until they reach a opening in the earth. You travel down these roots. Through floor, the earth, to the opening. This is a new world that lives only in your imagination.

Walk through this new world. What does the ground look like? How does it feel when you walk on it? What does the sky look like? How does the air feel? Are there plants? What do they look like? What do they feel like?

As you walk along you meet a friend from this world. They want to show you around. They bring you to structure in this world. They talk you inside. What does it look like in here?

This friend tells you they have a present for you. They give it to you. You open it. It is something you have always wanted. What does it look like? How big is it? Why have you always want it? You thank your friend but tell them it is time to go.

You walk outside of the structure, through the world, and back to where the roots brought you into the world. You climb up the roots, through the layers of earth, through the floor and back into your body.

You wiggle your toes, your fingers, your legs, your arms, you take a deep breath and wiggle your nose. When you are ready open you eyes, without talking and sit up.

Without talking the students sit up and go and draw their "world". As they draw introduce the checklist. When they are done they write the story of their visualization with as much detail as possible on the back of their picture either using the checklist as they go or when they are done.

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INTEGRATED ASSESMENT AND EXTENSION

Have each student share their story with the teacher, use the checklist provided. Have the student's revise if not everything was on the checklist.

Extension: Students can turn their stories in a theater piece.

REFLECTION OPPORTUNTIES

STUDENTS	TEACHERS
Did you see your world?	Was there a seamless connection between
What did you learn about yourself?	the art and the writing in this lesson?
What could you do with the world you	What pieces of this lesson were a challenge?
created?	Which pieces were most engaging for me and
	my students?
	What kinds of "gifts" did each child receive
	and what how does that help me to get to
	know each child?